

Better care starts with self care.

Are you a family member, friend, or neighbor that helps someone with things like bathing, dressing, errands, taking medication, or even getting to appointments?



If you help at all, YOU are a caregiver!

We use **TCARE (TAILORED CAREGIVER ASSESSMENT AND REFERRAL)** a caregiver assessment tool that focuses on the needs of the family caregiver. Through a series of questions, we can find those areas of stress that can lead to caregiver burnout. An individualized care plan is then created to help the family caregiver manage their role and identity as a caregiver. Our staff will help you get connected to services such as support groups, counseling, caregiver support and education, financial assistance, benefits counseling, and respite to reduce those stressors.

TCARE has helped over 100,000 people just like **YOU!**



Improved overall health of caregiver and care receiver by 84%¹



Reduced nursing home / assisted living facility placement by 18-24 months¹



Reduced clinical depression, stress burdens, and financial concerns.¹

We know that being a family caregiver can be very demanding and stressful.

We are here to help. You are not alone! Please contact us to get connected to a Caregiver Specialist.

¹TCARE & Oliver Wyman surveyed working individuals who were also family caregivers. Statistics based on 307 survey responses from full time working individuals who currently or previously had a parent that required their assistance with long term care needs.